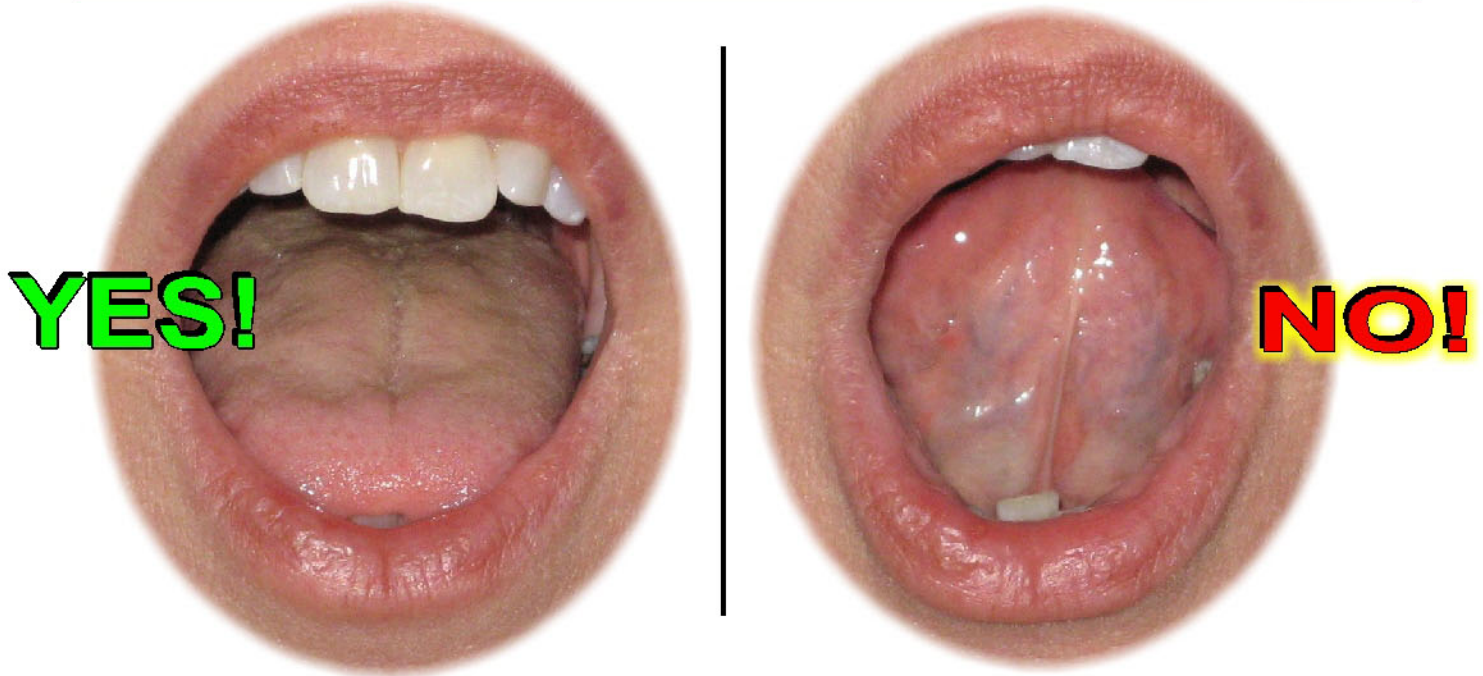


# Guidelines for Great Singing



## Mouth Posture

- \* *Show a bit of the top teeth while singing*
- \* *Allow the lips to be SOFT. Rigidity is to be avoided because over-production causes tension.*
- \* *Sing within your "goal posts". (North & South Space)*

## Tongue

- \* *Tongue should lie FLAT on the floor of the mouth.*
- \* *Pink, wide, flat tongue should be visible at all times*
- \* *Tip of tongue should return to "home base", touching lower gum line*

## Jaw

- \* *Allow space between upper and lower molars. (Index finger!)*
- \* *Allow corners of the mouth, not the jaw, to move forward.*
- \* *Relax the jaw. ALLOW IT TO HINGE...not jut or draw forward excessively.*