

Notes on resonance/good vocal technique

The most important foundation of good singing is breath control/support
Good singing requires athletic discipline as well as artistry
The effectiveness of the vocal warm up period will determine the effectiveness of the rehearsal!
Body alignment is “up and up” neck muscles released/back of the neck long
A collapsed posture puts strain on the laryngeal muscles
The flexed knee position is one of the most important factors in aiding vocal freedom
The jaw is relaxed and the throat is open
The tongue should always have a sense of freedom...wide, loose with the tip against the lower teeth
The “drool” position is used for both space and a relaxed tongue
Vocal line is an evenness in the voice of the singer, steady and flowing
A singer with proper training should never have any feeling in the throat
Resonance is created by air and space!
All breaths should be resonated
Tension equals out of tune
All chest tones should have some head voice in them
Loud and resonant are NOT the same
Release the authority of the sound as you go higher
Find your voice
Learn your music...hesitation hinders good vocal technique
Our throat is the bridge between our mind and body. By opening up the throat and the voice, we can begin to integrate all levels of our being
Resonance needs to be a top priority for all singers
The vocal journey is a very personal one...learn to enjoy your voice so that others can enjoy it too!

“Use the talents you possess, for the woods would be very silent if no birds sang except the best.”

Henry Van Dyke